

# OCCUPATIONAL THERAPY ASSISTANT, ASSOCIATE IN APPLIED SCIENCE

## Forest Park

The Occupational Therapy Assistant Program, Associate in Applied Science prepares students for positions as occupational therapy practitioners who work under the supervision of registered occupational therapists. Through courses in the development, structure and function of the human body, psychology and occupational therapy principles and techniques, along with clinical experience, students learn skills in communicating, interviewing, assessing, intervention planning, and implementation of interventions for consumers of occupational therapy services.

The Occupational Therapy Assistant Program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the

American Occupational Therapy Association (AOTA)  
4720 Montgomery Lane, Suite 200  
Bethesda, MD 20814-3449  
Telephone: 301-652-2682 or Website; [www.acoteonline.org](http://www.acoteonline.org)

Graduates of the program will be able to sit for the national certification examination for the occupational therapy assistant administered by the National Board for Certification in Occupational Therapy (NBCOT). After successful completion of this exam, the individual will be a Certified Occupational Therapy Assistant (COTA). All states require licensure in order to practice; however, acquisition of state licenses are typically based on the results of the NBCOT Certification Examination. The Occupational Therapy Assistant (OTA) program has several prerequisites based on industry standards. See an adviser for further information. Please be aware that a felony conviction could impact a student's ability to participate in fieldwork experiences, ability to take the certification exam, and/or obtain a license to practice occupational therapy. See OTA Program Director for more information.

Note: All OTA students must complete Level II Fieldwork within 18 months following completion of academic coursework.

**Cost of Attendance.** For more information on cost of attendance visit MoSCORES (<https://scorecard.mo.gov/Search/>).

**Program Career and Salary Information.** Pursuant to Missouri HB 1606 (2018), information regarding the number of credit hours, program length, employment rate, wage data, and graduates employed in careers related to their program of study at St. Louis Community College can be found at the following URL: <https://scorecard.mo.gov/scorecard/> ([https://www.google.com/url?q=https://scorecard.mo.gov/scorecard/&sa=D&ust=1555536894857000&usq=AFQjCNG1xf3E\\_i2lO96zEytILO-s5xaJCQ](https://www.google.com/url?q=https://scorecard.mo.gov/scorecard/&sa=D&ust=1555536894857000&usq=AFQjCNG1xf3E_i2lO96zEytILO-s5xaJCQ)). Search using School / Program "St. Louis Community College" and choose the degree or credential type of interest.

The following limitations to the data apply: Information provided is based on the most recent cohorts available. Typically, most recent cohorts for wage and completion data are six years prior to the current academic year. Time to complete a program of study varies depending on the number of credit hours students earn per semester.

**Interested in this program?** Start the enrollment process by visiting the Apply to STLCC (<https://www.stlcc.edu/admissions/apply-to-stlcc/>) page.

## At the completion of the program, students are expected to:

1. recognize and describe the role that occupational therapy services play in relation to health and wellness promotion and illness prevention to support participation in occupations.
2. administer structured Activities of Daily Living (ADL) and occupational performance screenings and assist in administering other evaluations as directed.
3. demonstrate competence in selecting and using a variety of therapeutic activities and life tasks and evidence skill in adaptation, sequencing, and analysis of activities.
4. plan and implement individual and group treatment for increase of function in areas of occupation that have meaning and value.
5. demonstrate awareness of self and relationship to others, including the qualities of responsibility, respect for others, empathy and concern for clients of various ages, ethnic, social, economic, and cultural groups.
6. articulate the effects of health, wellness, and disease processes among individuals and in populations within the context of family and community.
7. explain how purposeful activity, occupation, and participation in occupation are influenced by age, ethnic, social, economic, cultural, and lifestyle differences.
8. discuss the purpose and methods of occupational therapy and identify the roles of the OTA, OT, and OT aide as well as other health care providers in both traditional and nontraditional settings.
9. demonstrate creative problem-solving and clinical reasoning skills applicable to the treatment of clients and populations.
10. identify and describe selected normal and abnormal growth and development patterns, as well as physical and mental functions affecting individuals across the lifespan.
11. utilize purposeful activity, occupation, and participation in occupation in order to contribute to a state of well-being.
12. obtain pertinent information from relevant sources and report observations, information, and instructions orally and in writing in a clear, concise manner using appropriate vocabulary.
13. engage openly in the supervisory relationship and assist in the supervision of aides and volunteers as directed.
14. exhibit ethical and professional conduct in accordance with the principles, code of ethics, and the core values and attitudes established by AOTA.
15. demonstrate advocacy skills in relation to the client's needs for services, the practitioner's needs for continued professional growth and development, and the profession's need for continued survival.

## Program of Study

Code	Title	Credit Hours
<b>Career General Education</b>		
COM 101	Oral Communication I (MOTR COMM 100)	3
ENG 101	College Composition I (MOTR ENGL 100)	3
PSY 200	General Psychology (MOTR PSYC 100)	3
PSY 205	Human Growth and Development (MOTR PSYC 200)	3
SOC 201	Aspects of Aging	3
XXX xxx	Social & Behavioral Sciences: Civics Requirement	3
BIO 207	Anatomy and Physiology I (MOTR LIFS 150LAP)	4
BIO 208	Anatomy and Physiology II	4
BIO 209	Kinesiology Fundamentals	3

## Physical Education Activity

Select 2 credit hours	2
<b>Program Requirements</b>	
OTA 101	Fundamentals of Occupational Therapy Assistant I 3
OTA 102	Fundamentals of Occupational Therapy Assistant II 4
OTA 103	Adaptive Activities I 2
OTA 104	Adaptive Activities II 2
OTA 203	Fundamentals of Occupational Therapy III 4
OTA 204	Fundamentals of Occupational Therapy IV 4
OTA 207	Health and Disease 4
OTA 208	Adaptive Living Skills 2
OTA 213	Occupational Therapy Assistant Practicum I 4
OTA 214	Occupational Therapy Assistant Practicum II 4
OTA 215	The Management of Occupational Therapy 2
OTA 216	Level II Fieldwork Seminar 1
<b>Total Credit Hours</b>	<b>67</b>

**Missouri Civics Examination.** Students entering college for the very first time in fall 2019 and who intend to complete an associate's degree must successfully complete a civics examination. Information on who is eligible for a waiver can be found on our website: <https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>.

**PLEASE NOTE:** If you originally enrolled at STLCC prior to Fall 2021, you may need to view an archived catalog (<https://www.stlcc.edu/programs-academics/course-catalog/>) for your correct program requirements. Please speak with an advisor or the program coordinator for more information.

**Courses to be completed prior to beginning program:**

Code	Title	Credit Hours
BIO 207	Anatomy and Physiology I (MOTR LIFS 150LAP)	4
PSY 200	General Psychology (MOTR PSYC 100)	3
<b>Total Credit Hours</b>		<b>7</b>

Code	Title	Hours	Prerequisites	Milestones/Notes
<b>First Year</b>				
<b>Fall</b>				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	
BIO 209	Kinesiology Fundamentals	3	BIO 207 with a grade of "C" or better and Reading Proficiency	
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 and Reading Proficiency	
OTA 101	Fundamentals of Occupational Therapy Assistant I	3	Admission to the OTA program, BIO 207, PSY 200, and Reading Proficiency	
OTA 103	Adaptive Activities I	2	Admission to the OTA program, BIO 207, PSY 200 and Reading Proficiency	
	<b>Credit Hours</b>	<b>14</b>		
<b>Spring</b>				
BIO 208	Anatomy and Physiology II	4	BIO 207 with a minimum grade of "C" and Reading Proficiency	
SOC 201	Aspects of Aging	3	SOC 101, PSY 200 or HMS 100 and Reading Proficiency	
OTA 102	Fundamentals of Occupational Therapy Assistant II	4	OTA 101, OTA 103, PSY 205, all with a minimum grade of "C" and Reading Proficiency	
OTA 104	Adaptive Activities II	2	OTA 101, OTA 103, PSY 205, all with a minimum grade of "C", and Reading Proficiency	
OTA 207	Health and Disease	4	BIO 207, OTA 101, OTA 103, PSY 205, all with a minimum grade of "C" and Reading Proficiency	
	<b>Credit Hours</b>	<b>17</b>		

<b>Summer</b>				
COM 101	Oral Communication I (MOTR COMM 100)	3	Reading Proficiency or concurrent enrollment in ENG 070	
Social & Behavioral Science		3		
PE Elective		2		
	<b>Credit Hours</b>	<b>8</b>		
<b>Second Year</b>				
<b>Fall</b>				
OTA 203	Fundamentals of Occupational Therapy III	4	OTA 102, OTA 104, OTA 207, BIO 208, BIO 209 and SOC 101 with minimum grades of "C" or better, and Reading Proficiency	
OTA 204	Fundamentals of Occupational Therapy IV	4	OTA 102, OTA 104, OTA 207 with minimum grades of "C" and Reading Proficiency	
OTA 208	Adaptive Living Skills	2	BIO 208, BIO 209, OTA 102, OTA 104, OTA 207, SOC 201 all with minimum grades of "C" and Reading Proficiency	
OTA 215	The Management of Occupational Therapy	2	OTA 102, OTA 104, OTA 207, SOC 201, BIO 208, and BIO 209 with minimum grades of "C" and Reading Proficiency	
	<b>Credit Hours</b>	<b>12</b>		
<b>Spring</b>				
OTA 213	Occupational Therapy Assistant Practicum I	4	OTA 203, OTA 204, OTA 208, OTA 215, all with a minimum grade of "C", and the completion of all general education requirements for the occupational therapy assistant program	
OTA 214	Occupational Therapy Assistant Practicum II	4	OTA 203, OTA 204, OTA 208, OTA 215, and the completion of all general education requirements for the occupational therapy assistant curriculum	
OTA 216	Level II Fieldwork Seminar	1	OTA 203, OTA 204, OTA 208, OTA 215, all with a minimum grade of "C", and Reading Proficiency	
	<b>Credit Hours</b>	<b>9</b>		
	<b>Total Credit Hours</b>	<b>60</b>		

\*Click on the hyperlinked course number to view additional information about the course.

\*\*Students completing a course that has been assigned a MOTR number may transfer that course to any public institution in Missouri. Those who complete CORE 42 requirements will have that verification on their transcript.

\*\*\* It is your responsibility to verify that the courses listed above will transfer to the four-year institution of your choice. Maximize your transfer credits/classes by meeting with an academic advisor.