

# BEHAVIORAL HEALTH SUPPORT: AAS

Associate in Applied Science | 61 credit hours minimum

Area of Interest: Education, Public Service, and Social Sciences

Program Website (<https://stlcc.edu/programs-academics/pathways/s-b-s-h-s-e/behavioral-health-support/>)

Academic Advising (<https://stlcc.edu/admissions/advising/>)

## Program Description: Florissant Valley and Wildwood

The Behavioral Health Support Associate in Applied Science provides a pathway for entry-level positions within the helping professions. This program includes hands-on practicum experiences in community settings and prepares students for support positions in mental health settings while assisting clients with behavioral and mental health diagnoses. Graduates of this program are qualified for entry-level positions in state, county and local human service agencies, substance use disorder facilities, community mental health centers, hospitals, schools, and other identified agencies.

Admission to the program is a prerequisite to taking any second-semester courses. Admission is contingent on meeting the established minimum criteria as defined in the Behavioral Health Support Program Handbook. Applicants are required to complete a criminal background check to participate in practicum experiences.

**Locations.** This program is offered at Florissant Valley and Forest Park by taking a mixture of face-to-face and online courses.

**Cost of Attendance.** For more information on cost of attendance visit MoSCORES (<https://scorecard.mo.gov/Search/>).

**Program Career and Salary Information.** Pursuant to Missouri HB 1606 (2018), information regarding the number of credit hours, program length, employment rate, wage data, and graduates employed in careers related to their program of study at St. Louis Community College can be found at the following URL: <https://scorecard.mo.gov/scorecard/> ([https://www.google.com/url?q=https://scorecard.mo.gov/scorecard/&sa=D&ust=1555536894857000&usg=AFQjCNG1xf3E\\_i2lO96YtILO-s5xaJCQ](https://www.google.com/url?q=https://scorecard.mo.gov/scorecard/&sa=D&ust=1555536894857000&usg=AFQjCNG1xf3E_i2lO96YtILO-s5xaJCQ)). Search using School / Program “St. Louis Community College” and choose the degree or credential type of interest.

The following limitations to the data apply: Information provided is based on the most recent cohorts available. Typically, most recent cohorts for wage and completion data are six years prior to the current academic year. Time to complete a program of study varies depending on the number of credit hours students earn per semester.

**Interested in this program?** Start the enrollment process by visiting the Apply to STLCC (<https://www.stlcc.edu/admissions/apply-to-stlcc/>) page.

## At the completion of the program, students are expected to:

1. collaborate in the development, revision, and execution of an individualized treatment plan that identifies specific, measurable, time-limited goals, and interventions.
2. obtain certification in Mental Health First Aid.

3. communicate with clients regarding internal and external resources for recovery.
4. create documentation to support client and treatment plan.
5. assist clients with various mental health needs within practicum settings.
6. analyze potential legal and ethical issues as they relate to targeted populations.
7. synthesize foundational knowledge of risk factors, treatment options, and recovery techniques to assist clients with a variety of mental illnesses.
8. demonstrate an appropriate helping response for individuals in mental health crisis and/or with suicidal ideation.

**Missouri Civics Examination.** Students entering college for the very first time in fall 2019 and who intend to complete an associate's degree must successfully complete a civics examination. Information on who is eligible for a waiver can be found on the STLCC website (<https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>).

## Program of Study

Code	Title	Credit Hours
<b>General Education</b>		
ENG 101	College Composition I (MOTR ENGL 100)	3
ENG 103	Report Writing (MOTR ENGL 110)	3
COM 201	Interpersonal Communication (MOTR COMM 120)	3
MTH 108	Elementary Applied Mathematics (or higher)	3
PSY 200	General Psychology (MOTR PSYC 100)	3
PSC 101	Introduction to American Politics (MOTR POSC 101) (or other designated Civics course)	3
<b>Program Requirements</b>		
IS 116	Computer Literacy	3
PSY 205	Human Growth and Development (MOTR PSYC 200)	3
PSY 208	Abnormal Psychology	3
SOC 211	Substance Use, Abuse, and Dependence	3
PRD 128	Mental Health First Aid	1
BHS 101	Introduction to Behavioral Health Support	3
BHS 102	Legal and Ethical Issues in Behavioral Health Support	3
BHS 103	Systems of Care	3
BHS 104	Clinical Encounters I: Interviewing and Assessment	3
BHS 105	Integrated Health	3
BHS 201	Clinical Encounters II: Crisis and Interventions	3
BHS 203	Evidence Based Treatment	4
BHS 202	Behavioral Health Support Practicum I	4
BHS 204	Behavioral Health Support Practicum II	4
<b>Total Credit Hours</b>		<b>61</b>

## Expected Graduate Competencies

Behavioral Health Support education assists the student to think critically, problem solve creatively, manage crises, and practice from a caring, non-judgmental perspective. It is influenced by changes in the demographics of society, the healthcare delivery system, advances in medicine and science, and best practices in counseling and social services. Faculty facilitate educational opportunities, fashioned by the communities we serve, that meet diverse individual student needs and promote professionalism to help students reach their employment goals. Failing to meet the basic standards of professional care in any of the following areas will result in dismissal from the program. This degree is part training and part academic and as such both aspects of learning

must be met to successfully work in mental health. As such, there are three benchmarks to admittance and retention in the program:

1. Have a 2.5 GPA
  - a. Students may be admitted on a probationary basis but must earn a 3.0 or higher in all current semesters until the GPA is raised or they will be dismissed from the program
  - b. Probationary students must sign documentation indicating they are aware of their dismissal from the program if they do not meet the GPA requirements

## Full-Time Academic Plan

**Missouri Civics Examination.** Students entering college for the very first time in fall 2019 and who intend to complete an associate's degree must successfully complete a civics examination. Information on who is eligible for a waiver can be found on the STLCC website (<https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>).

**PLEASE NOTE:** If you originally enrolled at STLCC prior to Spring 2024, you may need to view an archived catalog (<https://www.stlcc.edu/programs-academics/course-catalog/>) for your correct program requirements. Please speak with an advisor or the program coordinator for more information.

Code	Title	Hours	Prerequisites	Milestones/Notes
<b>First Year</b>				
<b>Fall</b>				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	
IS 116	Computer Literacy	3	Reading Proficiency	
BHS 101	Introduction to Behavioral Health Support	3	Reading Proficiency	
BHS 102	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	
	<b>Credit Hours</b>	<b>15</b>		
<b>Spring</b>				
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
ENG 103	Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	
BHS 103	Systems of Care	3	BHS 101 with a minimum grade of "C", a qualifying background check, successful admission into the program, and Reading Proficiency	
BHS 104	Clinical Encounters I: Interviewing and Assessment	3	BHS 101 with a minimum grade of "C", a qualifying background check, successful admission into the program, and Reading Proficiency	
PRD 128	Mental Health First Aid	1	Reading Proficiency	
	<b>Credit Hours</b>	<b>16</b>		
<b>Second Year</b>				
<b>Fall</b>				
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
COM 201	Interpersonal Communication (MOTR COMM 120)	3	Reading Proficiency	

BHS 105	Integrated Health	3	BHS 101 with a minimum grade of "C" and Reading Proficiency	
BHS 201	Clinical Encounters II: Crisis and Interventions	3	BHS 104 with a minimum grade of "C" and Reading Proficiency	
BHS 202	Behavioral Health Support Practicum I	4	BHS 101, BHS 102, BHS 103, BHS 104 with minimum grades of "C", and Reading Proficiency	
	<b>Credit Hours</b>	<b>16</b>		
<b>Spring</b>				
BHS 203	Evidence Based Treatment	4	BHS 201 with a minimum grade of "C" and Reading Proficiency	Apply for graduation.
BHS 204	Behavioral Health Support Practicum II	4	BHS 202 with a grade of 'C' or better, and Reading Proficiency	
MTH 108	Elementary Applied Mathematics (or higher)	3	Reading Proficiency	
PSC 101	Introduction to American Politics (MOTR POSC 101)	3	Reading Proficiency or concurrent enrollment in RDG 079	Students may choose to take any other designated Civics course.
	<b>Credit Hours</b>	<b>14</b>		
	<b>Total Credit Hours</b>	<b>61</b>		

\*Click on the hyperlinked course number to view additional information about the course.

\*\*Students completing a course that has been assigned a MOTR number may transfer that course to any public institution in Missouri. Those who complete CORE 42 requirements will have that verification on their transcript.

\*\*\* It is your responsibility to verify that the courses listed above will transfer to the four-year institution of your choice. Maximize your transfer credits/classes by meeting with an academic advisor.

## Part-Time Academic Plan

**Missouri Civics Examination.** Students entering college for the very first time in fall 2019 and who intend to complete an associate's degree must successfully complete a civics examination. Information on who is eligible for a waiver can be found on the STLCC website (<https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>).

**PLEASE NOTE:** If you originally enrolled at STLCC prior to Spring 2024, you may need to view an archived catalog (<https://www.stlcc.edu/programs-academics/course-catalog/>) for your correct program requirements. Please speak with an advisor or the program coordinator for more information.

Code	Title	Hours	Prerequisites	Milestones/Notes
<b>First Year</b>				
<b>Fall</b>				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	
	<b>Credit Hours</b>	<b>6</b>		
<b>Spring</b>				
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
ENG 103	Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	
	<b>Credit Hours</b>	<b>6</b>		

<b>Summer</b>				
IS 116	Computer Literacy	3	Reading Proficiency	
	<b>Credit Hours</b>	<b>3</b>		
<b>Second Year</b>				
<b>Fall</b>				
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
COM 201	Interpersonal Communication (MOTR COMM 120)	3	Reading Proficiency	
	<b>Credit Hours</b>	<b>6</b>		
<b>Spring</b>				
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
PSC 101	Introduction to American Politics (MOTR POSC 101)	3	Reading Proficiency or concurrent enrollment in RDG 079	Students may choose to take any other designated Civics course.
	<b>Credit Hours</b>	<b>6</b>		
<b>Summer</b>				
MTH 108	Elementary Applied Mathematics (or higher)	3	Reading Proficiency	
	<b>Credit Hours</b>	<b>3</b>		
<b>Third Year</b>				
<b>Fall</b>				
BHS 101	Introduction to Behavioral Health Support	3	Reading Proficiency	
BHS 102	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	
PRD 128	Mental Health First Aid	1	Reading Proficiency	
	<b>Credit Hours</b>	<b>7</b>		
<b>Spring</b>				
BHS 103	Systems of Care	3	BHS 101 with a minimum grade of "C", a qualifying background check, successful admission into the program, and Reading Proficiency	
BHS 104	Clinical Encounters I: Interviewing and Assessment	3	BHS 101 with a minimum grade of "C", a qualifying background check, successful admission into the program, and Reading Proficiency	
	<b>Credit Hours</b>	<b>6</b>		
<b>Fourth Year</b>				
<b>Fall</b>				
BHS 105	Integrated Health	3	BHS 101 with a minimum grade of "C" and Reading Proficiency	
BHS 201	Clinical Encounters II: Crisis and Interventions	3	BHS 104 with a minimum grade of "C" and Reading Proficiency	
BHS 202	Behavioral Health Support Practicum I	4	BHS 101, BHS 102, BHS 103, BHS 104 with minimum grades of "C", and Reading Proficiency	
	<b>Credit Hours</b>	<b>10</b>		

Spring				
BHS 203	Evidence Based Treatment	4	BHS 201 with a minimum grade of "C" and Reading Proficiency	Apply for graduation
BHS 204	Behavioral Health Support Practicum II	4	BHS 202 with a grade of 'C' or better, and Reading Proficiency	
	<b>Credit Hours</b>	<b>8</b>		
	<b>Total Credit Hours</b>	<b>61</b>		

\*Click on the hyperlinked course number to view additional information about the course.

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