

BEHAVIORAL HEALTH SUPPORT: AAS

Associate in Applied Science | 61 credit hours minimum

Area of Interest: Education, Public Service, and Social Sciences

Program Website (<https://stlcc.edu/programs-academics/pathways/s-b-s-h-s-e/behavioral-health-support/>)

Academic Advising (<https://stlcc.edu/admissions/advising/>)

Program Description:

The Behavioral Health Support Associate in Applied Science provides a pathway for entry-level positions within the helping professions. The program includes a general education component as well as a concentration in the skills necessary to work in mental health. The hands-on practicum experiences in community settings prepare students for Community Support Specialist positions in mental health settings, assisting clients with behavioral and mental health diagnoses. Graduates of this program are qualified for entry-level positions in state, county, and local human service agencies, substance use disorder facilities, community mental health centers, hospitals, schools, and other identified agencies. The Behavioral Health Support program is designed to prepare students for employment in the State of Missouri.

NOTE: Practicum experience requires a criminal background check and have a valid driver's license to participate. Additional requirements such as drug screens, immunizations, and vaccinations may be necessary.

Locations. This program is offered at Florissant Valley and Forest Park by taking a mixture of face-to-face and online courses.

Cost of Attendance. For more information on cost of attendance visit MoSCORES (<https://scorecard.mo.gov/Search/>).

Program Career and Salary Information. Pursuant to Missouri HB 1606 (2018), information regarding the number of credit hours, program length, employment rate, wage data, and graduates employed in careers related to their program of study at St. Louis Community College can be found at the following URL: <https://scorecard.mo.gov/scorecard/> (https://www.google.com/url/?q=https://scorecard.mo.gov/scorecard/&sa=D&ust=1555536894857000&usg=AFQjCNG1xf3E_j2lO96zEytILO-s5xaJcQ). Search using School / Program "St. Louis Community College" and choose the degree or credential type of interest.

The following limitations to the data apply: Information provided is based on the most recent cohorts available. Typically, most recent cohorts for wage and completion data are six years prior to the current academic year. Time to complete a program of study varies depending on the number of credit hours students earn per semester.

Interested in this program? Start the enrollment process by visiting the **Apply to STLCC** (<https://www.stlcc.edu/admissions/apply-to-stlcc/>) page.

At the completion of the program, students are expected to:

1. collaborate in the development, revision, and execution of an individualized treatment plan that identifies specific, measurable, time-limited goals, and interventions.
2. obtain certification in Mental Health First Aid.

3. communicate with clients regarding internal and external resources for recovery.
4. create documentation to support client and treatment plan.
5. assist clients with various mental health needs within practicum settings.
6. analyze potential legal and ethical issues as they relate to targeted populations.
7. combine foundational knowledge of risk factors, treatment options, and recovery techniques to assist clients with a variety of mental illnesses.
8. generate appropriate helping responses for individuals in mental health crisis and/or with suicidal ideation.

Missouri Civics Examination. Students entering college for the very first time in fall 2019 and who intend to complete an associate's degree must successfully complete a civics examination. **Information on who is eligible for a waiver can be found on the STLCC website (<https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>).**

Program of Study

Code	Title	Credit Hours
General Education		
ENG 101	College Composition I (MOTR ENGL 100)	3
ENG 103	Report Writing (MOTR ENGL 110)	3
or ENG 102	College Composition II (MOTR ENGL 200)	
COM 201	Interpersonal Communication (MOTR COMM 120)	3
or COM 107	Public Speaking (MOTR COMM 110)	
or COM 200	Communication Between Cultures (MOTR SBSC 101)	
MTH 108	Elementary Applied Mathematics (or higher, MTH 180 recommended for transfer)	3
or BIO 113	Modern Aspects of Biology (MOTR BIOL 100)	
or BIO 151	Biology of Human Health and Disease (MOTR LIFS 100D)	
PSY 200	General Psychology (MOTR PSYC 100)	3
XXX xxx	Social & Behavioral Sciences: Civics Requirement (http://catalog.stlcc.edu/general-education/)	3
PSY 205	Human Growth and Development (MOTR PSYC 200)	3
PSY 208	Abnormal Psychology	3
SOC 211	Substance Use, Abuse, and Dependence	3
PRD 128	Mental Health First Aid	1
Program Requirements		
BHS 200	Introduction to Behavioral Health Support	3
BHS 205	Legal and Ethical Issues in Behavioral Health Support	3
BHS 210	Systems of Care	3
BHS 215	Clinical Encounters I: Interviewing and Assessment	3
BHS 220	Integrated Health	3
BHS 230	Clinical Encounters II: Crisis and Interventions	3
BHS 225	Support for Youth and Families	3
BHS 260	Evidence Based Treatment	4
BHS 250	Behavioral Health Support Practicum I	3
BHS 270	Behavioral Health Support Practicum II	3
BHS 251	Behavioral Health Support Seminar I	1
BHS 271	Behavioral Health Support Seminar II	1
Total Credit Hours		61

Expected Graduate Competencies

Behavioral Health Support education assists the student to think critically, problem solve creatively, manage crises, and practice from a caring, non-judgmental perspective. It is influenced by changes in the demographics of society, the healthcare delivery system, advances in medicine and science, and best practices in counseling and social services. Faculty facilitate educational opportunities, fashioned by the communities we serve, that meet diverse individual student needs and promote professionalism to help students reach their employment goals. Failing to meet the basic standards of professional care in any of the following areas will result in dismissal from the program. This degree is part training and part academic and as such both aspects of learning must be met to successfully work in mental health. As such, there are three benchmarks to admittance and retention in the program:

1. Have a 2.5 GPA
 - a. Students may be admitted on a probationary basis but must earn a 3.0 or higher in all current semesters until the GPA is raised or they will be dismissed from the program

- b. Probationary students must sign documentation indicating they are aware of their dismissal from the program if they do not meet the GPA requirements

Academic Plan Fall Start

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Code	Title	Hours	Prerequisites	Milestones/Notes
First Year				
Fall				
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
COM 200 or 201 or 107	Communication Between Cultures (MOTR SBSC 101) or Interpersonal Communication (MOTR COMM 120) or Public Speaking (MOTR COMM 110)	3	Reading Proficiency	
BHS 200	Introduction to Behavioral Health Support	3	Reading Proficiency	Exploratory Course, Gateway Course, Critical Course. Prerequisite to all BHS courses.
MTH 108 or BIO 113 or BIO 151	Elementary Applied Mathematics (or higher) or Modern Aspects of Biology (MOTR BIOL 100) or Biology of Human Health and Disease (MOTR LIFS 100D)	3	Reading Proficiency	Recommend MTH 180 for students continuing to university
XXX xxx	Social & Behavioral Sciences: Civics Requirement (http://catalog.stlcc.edu/general-education/)	3		Recommend PSC 101
	Credit Hours	15		
Spring				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
BHS 205	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	

BHS 210	Systems of Care	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 215	Clinical Encounters I: Interviewing and Assessment	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
	Credit Hours	15		
Summer				
ENG 102 or 103	College Composition II (MOTR ENGL 200) or Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
	Credit Hours	6		
Second Year				
Fall				
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
BHS 220	Integrated Health	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
BHS 230	Clinical Encounters II: Crisis and Interventions	3	BHS 215 with a minimum grade of "C" and Reading Proficiency	
BHS 250	Behavioral Health Support Practicum I	3	BHS 215 with minimum grades of "C", and Reading Proficiency	
BHS 251	Behavioral Health Support Seminar I	1	BHS 215 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	13		
Spring				
PRD 128	Mental Health First Aid	1	Reading Proficiency	Apply for graduation
BHS 225	Support for Youth and Families	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
BHS 260	Evidence Based Treatment	4	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
BHS 270	Behavioral Health Support Practicum II	3	BHS 230, BHS 250, and BHS 251 with minimum grades of 'C' and Reading Proficiency	
BHS 271	Behavioral Health Support Seminar II	1	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
	Credit Hours	12		
	Total Credit Hours	61		

Critical Courses: Critical courses are most important to a student's declared major and most strongly predict later success in the major. A critical course requires a minimal grade to progress to higher-level courses.

Exploratory Courses: Exploratory courses are first-semester courses that introduce the program and career field.

Gateway Courses: Gateway courses are courses in many career pathways that must be completed before progression in higher-level courses. These may be the same as critical and/or exploratory courses.

*Click on the hyperlinked course number to view additional information about the course.

**Students completing a course that has been assigned a MOTR number may transfer that course to any public institution in Missouri. Those who complete CORE 42 requirements will have that verification on their transcript.

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Academic Plan Spring Start

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Code	Title	Hours	Prerequisites	Milestones/Notes
First Year				
Spring				
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
COM 200 or 201 or 107	Communication Between Cultures (MOTR SBSC 101) or Interpersonal Communication (MOTR COMM 120) or Public Speaking (MOTR COMM 110)	3	Reading Proficiency	
BHS 200	Introduction to Behavioral Health Support	3	Reading Proficiency	Exploratory Course, Gateway Course, Critical Course. Prerequisite to all BHS courses.
MTH 108 or BIO 113 or BIO 151	Elementary Applied Mathematics (or higher) or Modern Aspects of Biology (MOTR BIOL 100) or Biology of Human Health and Disease (MOTR LIFS 100D)	3	Reading Proficiency	Recommend MTH 180 for students continuing to university
XXX xxx	Social & Behavioral Sciences: Civics Requirement (http://catalog.stlcc.edu/general-education/)	3		Recommend PSC 101
	Credit Hours	15		
Summer				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	Gateway course, Critical course
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	6		

Second Year				
Fall				
ENG 102 or 103	College Composition II (MOTR ENGL 200) or Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	
BHS 205	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	
BHS 210	Systems of Care	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 215	Clinical Encounters I: Interviewing and Assessment	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 220	Integrated Health	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	15		
Spring				
BHS 225	Support for Youth and Families	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
BHS 230	Clinical Encounters II: Crisis and Interventions	3	BHS 215 with a minimum grade of "C" and Reading Proficiency	
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
BHS 250	Behavioral Health Support Practicum I	3	BHS 215 with minimum grades of "C", and Reading Proficiency	
BHS 251	Behavioral Health Support Seminar I	1	BHS 215 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	13		
Third Year				
Fall				
PRD 128	Mental Health First Aid	1	Reading Proficiency	Apply for graduation
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
BHS 260	Evidence Based Treatment	4	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
BHS 270	Behavioral Health Support Practicum II	3	BHS 230, BHS 250, and BHS 251 with minimum grades of 'C' and Reading Proficiency	
BHS 271	Behavioral Health Support Seminar II	1	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
	Credit Hours	12		
	Total Credit Hours	61		

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Part-Time Academic Plan Fall Start

Recommended part-time schedule: complete all non-BHS courses+BHS 200 first. Agencies want to hire upon graduation.

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can be found on the STLC website (<https://stlcc.edu/programs-academics/missouri-civics-exam.aspx>).

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Code	Title	Hours	Prerequisites	Milestones/Notes
First Year				
Fall				
BHS 200	Introduction to Behavioral Health Support	3	Reading Proficiency	
MTH 108 or BIO 113 or BIO 151	Elementary Applied Mathematics (or higher) or Modern Aspects of Biology (MOTR BIOL 100) or Biology of Human Health and Disease (MOTR LIFS 100D)	3	Reading Proficiency	Recommend MTH 180 for students continuing to university
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
	Credit Hours	9		
Spring				
COM 200 or 201 or 107	Communication Between Cultures (MOTR SBSC 101) or Interpersonal Communication (MOTR COMM 120) or Public Speaking (MOTR COMM 110)	3	Reading Proficiency	
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
XXX xxx	Social & Behavioral Sciences: Civics Requirement (http://catalog.stlcc.edu/general-education/)	3		Recommend PSC 101
	Credit Hours	9		
Summer				
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	3		

Second Year				
Fall				
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
ENG 102 or 103	College Composition II (MOTR ENGL 200) or Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	
BHS 205	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	
	Credit Hours	9		
Spring				
BHS 210	Systems of Care	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 215	Clinical Encounters I: Interviewing and Assessment	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 220	Integrated Health	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	9		
Summer				
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
PRD 128	Mental Health First Aid	1	Reading Proficiency	
	Credit Hours	4		
Third Year				
Fall				
BHS 225	Support for Youth and Families	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
BHS 230	Clinical Encounters II: Crisis and Interventions	3	BHS 215 with a minimum grade of "C" and Reading Proficiency	
BHS 250	Behavioral Health Support Practicum I	3	BHS 215 with minimum grades of "C", and Reading Proficiency	
BHS 251	Behavioral Health Support Seminar I	1	BHS 215 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	10		
Spring				
BHS 260	Evidence Based Treatment	4	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	Apply for graduation
BHS 270	Behavioral Health Support Practicum II	3	BHS 230, BHS 250, and BHS 251 with minimum grades of 'C' and Reading Proficiency	

BHS 271	Behavioral Health Support Seminar II	1	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
	Credit Hours	8		
	Total Credit Hours	61		

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Exploratory Courses: Exploratory courses are first-semester courses that introduce the program and career field.

Gateway Courses: Gateway courses are courses in many career pathways that must be completed before progression in higher-level courses. These may be the same as critical and/or exploratory courses.

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Part-Time Academic Plan Spring Start

Recommended part-time schedule: complete all non-BHS courses and BHS 200 first. Agencies want to hire upon graduation.

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First Year				
Spring				
ENG 101	College Composition I (MOTR ENGL 100)	3	Placement score or ENG 030 or ENG 070 with a grade of "C" or better or recommendation of department and Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
MTH 108 or BIO 113 or BIO 151	Elementary Applied Mathematics or Modern Aspects of Biology (MOTR BIOL 100) or Biology of Human Health and Disease (MOTR LIFS 100D)	3	Reading Proficiency	Recommend MTH 180 for students continuing to university
BHS 200	Introduction to Behavioral Health Support	3	Reading Proficiency	Exploratory Course, Gateway Course, Critical Course. Prerequisite to all BHS courses.
	Credit Hours	9		
Summer				
PSY 200	General Psychology (MOTR PSYC 100)	3	Reading Proficiency or concurrent enrollment in RDG 079	Gateway Course, Critical Course
	Credit Hours	3		
Second Year				
Fall				
ENG 102 or 103	College Composition II (MOTR ENGL 200) or Report Writing (MOTR ENGL 110)	3	ENG 101 with a minimum grade of "C" and Reading Proficiency	

COM 200 or 201 or 107	Communication Between Cultures (MOTR SBSC 101) or Interpersonal Communication (MOTR COMM 120) or Public Speaking (MOTR COMM 110)	3	Reading Proficiency	
PSY 205	Human Growth and Development (MOTR PSYC 200)	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	9		
Spring				
PRD 128	Mental Health First Aid	1	Reading Proficiency	
BHS 205	Legal and Ethical Issues in Behavioral Health Support	3	Reading Proficiency	
BHS 210	Systems of Care	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
BHS 215	Clinical Encounters I: Interviewing and Assessment	3	BHS 200, ENG 101, and PSY 200 with minimum grades of "C," successful admission into the Behavioral Health Support program, and Reading Proficiency	
	Credit Hours	10		
Summer				
XXX xxx	Social & Behavioral Sciences: Civics Requirement (http://catalog.stlcc.edu/general-education/)	3		Recommend PSC 101
	Credit Hours	3		
Third Year				
Fall				
BHS 220	Integrated Health	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
BHS 225	Support for Youth and Families	3	BHS 200 with a minimum grade of "C" and Reading Proficiency	
PSY 208	Abnormal Psychology	3	PSY 200 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	9		
Spring				
BHS 230	Clinical Encounters II: Crisis and Interventions	3	BHS 215 with a minimum grade of "C" and Reading Proficiency	
BHS 250	Behavioral Health Support Practicum I	3	BHS 215 with minimum grades of "C", and Reading Proficiency	
BHS 251	Behavioral Health Support Seminar I	1	BHS 215 with a minimum grade of "C" and Reading Proficiency	
	Credit Hours	7		
Summer				
SOC 211	Substance Use, Abuse, and Dependence	3	Reading Proficiency	
	Credit Hours	3		

Fourth Year				
Fall				
BHS 260	Evidence Based Treatment	4	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	Apply for graduation
BHS 270	Behavioral Health Support Practicum II	3	BHS 230, BHS 250, and BHS 251 with minimum grades of 'C' and Reading Proficiency	
BHS 271	Behavioral Health Support Seminar II	1	BHS 230, BHS 250, and BHS 251 with minimum grades of "C" and Reading Proficiency	
	Credit Hours	8		
	Total Credit Hours	61		

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