

# PSYCHOLOGY (PSY)

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## Course Descriptions

### **PSY 150. Psychology of Human Sexuality. 3 Credit Hours.**

Psychology of Human Sexuality is a survey of the psychological research and theories of human sexuality. Students will explore a variety of topics related to human sexuality and consider the way sexuality may impact their own lives.

Prerequisites: Reading Proficiency or concurrent enrollment in RDG 079

### **PSY 200. General Psychology (MOTR PSYC 100). 3 Credit Hours.**

General Psychology is an introduction to the scientific study of human behavior. In this course, students gain insights into their own and others' behavior. A variety of topics relating to psychological theories, concepts, methods, and research findings are covered. (Credit is only allowed for either PSY 200 or PSY 201.)

Prerequisites: Reading Proficiency or concurrent enrollment in RDG 079

### **PSY 203. Child Psychology. 3 Credit Hours.**

This course is an overview of child psychology the scientific study of the psychological basis of child growth and development. Emotional, mental, physical and social needs and developmental processes of infancy, childhood and adolescence are covered; nature and nurture interactions and processes during prenatal development and pregnancy are also covered. This course includes an analysis of a variety of home, school and community factors as they interact to influence behavior, personality, and development.

Prerequisites: PSY 200 with a minimum grade of "C" and Reading Proficiency

### **PSY 205. Human Growth and Development (MOTR PSYC 200). 3 Credit Hours.**

Human Growth and Development is a survey of the basic progression of human development through the life cycle. Biological, cognitive, and socioemotional needs of children, adolescents, and adults are reviewed. The multiple factors which influence and shape behavior and personality are analyzed.

Prerequisites: PSY 200 with a minimum grade of "C" and Reading Proficiency

### **PSY 206. Introduction to Social Psychology. 3 Credit Hours.**

Introduction to Social Psychology is a course of the role of the self, cognition, culture, and situational factors that play a part in social situations. Specifically, this course explores social thinking, social influences, social relations, and the application of these processes in everyday life. Topics include attribution, conformity, obedience, persuasion, group influence, prejudice, attraction, aggression, and prosocial behavior.

Prerequisites: PSY 200 with a minimum grade of "C" and Reading Proficiency

### **PSY 208. Abnormal Psychology. 3 Credit Hours.**

This course is a survey of mental disorders as categorized in the American Psychological Association's Diagnostic and Statistical Manual of Mental Disorders. The symptoms, causes and treatments of various mental disorders will be covered. This includes anxiety disorders, mood disorders, eating disorders, somatic complaint related disorders, dissociative disorders, substance abuse disorders, sexual dysfunctions and disorders and schizophrenia.

Prerequisites: PSY 200 with a minimum grade of "C" and Reading Proficiency

### **PSY 214. Adolescent Psychology. 3 Credit Hours.**

This course is an overview of adolescent psychology, the study of the individual from puberty to young adulthood. The course explores the physiological, cognitive, social, and emotional changes in adolescence, specifically examining the biological basis and environmental contributions to adolescent thought and behavior. Issues facing adolescents will also be discussed including gender, self, family, peers, sexuality, education, work, and problems in adolescence.

Prerequisites: PSY 200 with a minimum grade of "C" and Reading Proficiency