

COLLEGE STUDIES (COL)

Course Descriptions

COL 110. College Foundations (MOTR IDSE 101). 2 Credit Hours.

College Foundations focuses on the skills and strategies needed to be successful college students at St. Louis Community College. The development of academic skills, improving information literacy, and exploring career and self-development are emphasized. Students are introduced to the support services designed to assist them in their college career. Establishing these transferable skills allows students to personalize their college experience while reaching academic and career goals.